

Oceania Senior Records (Women), January 2025

48Kg Category	Kg
Snatch	70
Clean & Jerk	100
Total	170

53Kg Category	Kg
Snatch	80
Clean & Jerk	100
Total	180

58Kg Category	Kg
Snatch	85
Clean & Jerk	105
Total	190

63Kg Category	Kg
Snatch	90
Clean & Jerk	115
Total	205

69Kg Category	Kg
Snatch	95
Clean & Jerk	120
Total	215

77Kg Category	Kg
Snatch	100
Clean & Jerk	125
Total	225

86Kg Category	Kg
Snatch	105
Clean & Jerk	135
Total	240

+86Kg Category	Kg
Snatch	110
Clean & Jerk	145
Total	255

Oceania Junior Records (Women)

January 2025

48Kg Category	Kg
Snatch	65
Clean & Jerk	80
Total	145

53Kg Category	Kg
Snatch	70
Clean & Jerk	90 .
Total	160 .

58Kg Category	Kg
Snatch	75
Clean & Jerk	95
Total	170

63Kg Category	Kg
Snatch	85
Clean & Jerk	100
Total	185

69Kg Category	Kg
Snatch	90
Clean & Jerk	110
Total	200

77Kg Category	Kg
Snatch	95
Clean & Jerk	115
Total	210

86Kg Category	Kg
Snatch	100
Clean & Jerk	125
Total	225

+86Kg Category	Kg
Snatch	105
Clean & Jerk	130
Total	235

Oceania Youth Records (Women)

January 2025

44Kg Category	Kg
Snatch	60
Clean & Jerk	70
Total	130

48Kg Category	Kg
Snatch	65
Clean & Jerk	75
Total	140

53Kg Category	Kg
Snatch	70
Clean & Jerk	80
Total	150

58Kg Category	Kg
Snatch	75
Clean & Jerk	90
Total	165

63Kg Category	Kg
Snatch	80
Clean & Jerk	100
Total	180

69Kg Category	Kg
Snatch	85
Clean & Jerk	105
Total	190

77Kg Category	Kg
Snatch	90
Clean & Jerk	110
Total	200

77+Kg Category	Kg
Snatch	95
Clean & Jerk	115
Total	210

Oceania Senior Records (Men), January 2025

60Kg Category	Kg
Snatch	115
Clean & Jerk	150
Total	265

65Kg Category	Kg
Snatch	120
Clean & Jerk	155
Total	275

71Kg Category	Kg
Snatch	125
Clean & Jerk	165
Total	290

79Kg Category	Kg
Snatch	135
Clean & Jerk	170
Total	305

88Kg Category	Kg
Snatch	140
Clean & Jerk	180
Total	320

98Kg Category	Kg
Snatch	150
Clean & Jerk	185
Total	335

110Kg Category	Kg
Snatch	160
Clean & Jerk	190
Total	350

+110Kg Category	Kg
Snatch	170
Clean & Jerk	200
Total	370

Oceania Junior Records (Men), January 2025

60Kg Category	Kg
Snatch	110
Clean & Jerk	135
Total	245

65Kg Category	Kg
Snatch	115
Clean & Jerk	145
Total	260

71Kg Category	Kg
Snatch	120
Clean & Jerk	150
Total	270

79Kg Category	Kg
Snatch	125
Clean & Jerk	155
Total	280

88Kg Category	Kg
Snatch	130
Clean & Jerk	160
Total	290

98Kg Category	Kg
Snatch	135
Clean & Jerk	165
Total	300

110Kg Category	Kg
Snatch	140
Clean & Jerk	170
Total	310

+110Kg Category	Kg
Snatch	145
Clean & Jerk	180
Total	325

Oceania Youth Records (Men), January 2025

56Kg Category	Kg
Snatch	85
Clean & Jerk	105
Total	190

60Kg Category	Kg
Snatch	90
Clean & Jerk	110
Total	200

65Kg Category	Kg
Snatch	100
Clean & Jerk	115
Total	215

71Kg Category	Kg
Snatch	105
Clean & Jerk	125
Total	230

79Kg Category	Kg
Snatch	110
Clean & Jerk	135
Total	245

88Kg Category	Kg
Snatch	115
Clean & Jerk	145
Total	260

98Kg Category	Kg
Snatch	120
Clean & Jerk	155
Total	275

98+ Category	Kg
Snatch	125
Clean & Jerk	165
Total	290